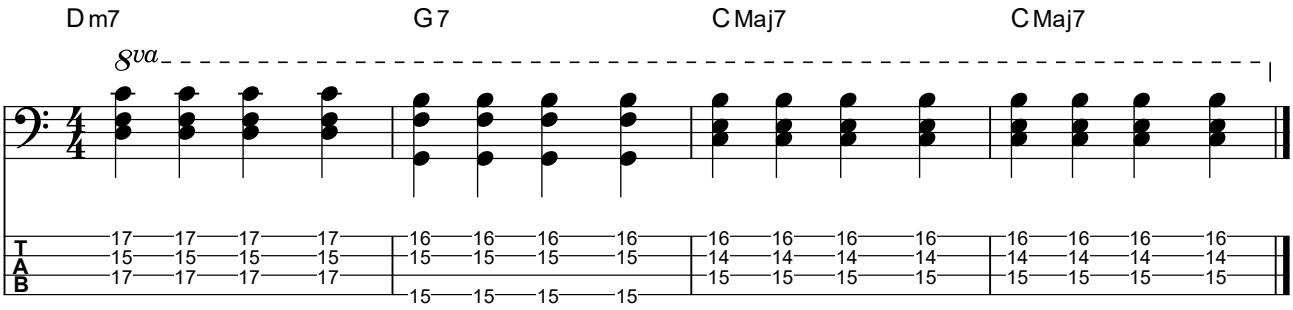ピッキングパターン-2